



***A special group of volunteers,
at most of our Thrifty Foods locations,
have come together to volunteer their
time with the Sendial Program.***

What is the Sendial Program?

Over 20 years ago the Sendial Program was created to help Seniors who are unable to leave their homes to shop for themselves because of a disability, an inability to walk, a recent operation, or difficulty navigating stairs – to name a few reasons.

Within Thrifty Foods, over 500 volunteers are dedicated to the success of the program. A volunteer will call you at your home, talk with you, get a list of the groceries you need, go through the aisles to select your items, package your groceries, call you with the cost of the order and tell you when you can expect delivery of your groceries.

The program is very successful. In the Victoria-area alone, over 1,000 Sendial customers use this service on a weekly basis.

Is there a cost to this service?

Currently, Thrifty Foods will add a \$5 delivery fee to the cost of your groceries for each order.

Are you a candidate for the Sendial Program?

Sendial is available as either an ongoing or limited service, depending on your circumstances.

- Are you unable to leave your home?
- Do you have difficulty walking for more than 30 minutes?
- Did you recently have an operation and are unable to leave the home?
- Are you a senior on Assisted Living?

**Please complete a Sendial Service
Application to be considered
for this program.**

